

Karen L. Stanek, M.D.
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Department of Neurology
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Personal Information:

Karen L. Stanek
Birth Date: November 18, 1968
Birth Place: Hastings, Nebraska
Citizenship Status: USA

Education History:

Post-Graduate: Creighton/University of Nebraska Medical Center,
Department of Neurology, Omaha, NE 1996-1999
Department of Psychiatry, Omaha, NE 1994-1996
Graduate: University of Nebraska Medical Center, 1990-1994
Undergraduate: Idaho State University, Pocatello, ID 1987-1990

Professional Experience:

Platte Valley Medical Group, P.C. 1999-2000
Creighton University School of Medicine, Department of Neurology, Assistant Professor 2001–
present

Honors and Awards:

Idaho State University Freshman Scholarship, 1987
Idaho State University Enrollment Management Recognition Freshman Scholarship, 1987
Dean's List, 1988, 1989
Kasiska Family Foundation Scholarship, 1989
Rotary Youth Leadership Awards Seminar, 1989
Mortar Board Silver Tassel Chapter, 1989-90

Membership in Professional Organizations:

American Academy of Neurology, 1997 – present
American Headache Society, 2007 - present

Post-Graduate

Neurology Department Representative to the House Staff Council, 1997-1999
Member, Omaha Domestic Violence Coordinating Council, 1996-1999

House Officer's Association, 1994-1999
Psychiatry Department Representative to the House Staff Council, 1995-1996
Resident Member of the American Psychiatric Association, 1994-1996

Medical School

American Medical Association-Medical Student Section, 1990-1994
Commission on Hospital Medical Staff, Student Member, 1991
Upsilon Nu of Phi Chi, Member, Steward, 1991-1992
Christian Medical and Dental Society, 1990-1994

College

Organization and Chartering Committee, 1987
Pre-Medical Student Association, 1988-1990

Current Teaching Activities:

Post-Graduate:

Problem Based Learning, small groups, two sessions, 1995-1996, Neurology examination, small groups, 1996
Lecture—Movement Disorders 1998

College: Teaching Assistant, Zoology, 1990

Current Research Activities: Reproductive endocrinology and the hormonal regulation of fur growth cycles in the mink (*Mustela vison*). Under the direction of Dr. J. Rose, 1989-90

Current Community Service:

Lecture, Anti-psychotic Medications, Community Alliance staff, 1995
Lecture, Depression, Friendship Club clients, 1995
Lecture, Schizophrenia, Friendship Club staff, 1995
Regional Client Counseling Competition, Creighton University School of Law, 1996

Certification and Licensure

Board Certification in Neurology, 2002
Nebraska State License #21093

Seminars

Diagnosis and Treatment of Neuropathic Pain, Grand Rounds, 1997
Psychosis in Parkinson's Disease, 1998

Headache: Evaluation and Treatment; Physicians Noon Conference, Good Samaritan Hospital, 11/17/00
Neurologic Evaluation of Back Pain, 6/9/2000
Tissue Plasminogen Activator, Neurology Grand Rounds, December 2001
Women and Stroke, Women's Health in the 21st Century, 10/11/2002
Fibromyalgia: Fact or Fiction? Neurological Sciences Grand Rounds 3/6/2003
Treatment of Migraine, Fourth Annual Pain Management Conference: Mechanisms and Methods for Managing Pain, 4/4/2003
Evaluation and Treatment of Headaches, Second Annual: Women's Health in the 21st Century "Over the Life Span," 10/10/2003
Nutritional Neurology, Creighton University Department of Neurology Grand Rounds, October 17, 2003